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(kalidasa, Harshavardhana, Varahamihra)

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Exam technique



29. Biosphere Reserve in India:

Structure of Biosphere Reserve:

- **1.** Core Areas:
 - It is the most protected area of a biosphere reserve. It may contain endemic plants and animals.
 - A core zone is a protected region, like a National Park or Sanctuary/protected/regulated mostly under the Wildlife (Protection) Act, 1972. It is kept free from human interference.

2. Buffer Zone:

- The buffer zone surrounds the core zone and its activities are managed in this area in the ways that help in the protection of the core zone in its natural condition.
- It includes restoration, limited tourism, fishing, grazing, etc; which are permitted to reduce its effect on the core zone.
- Research and educational activities are to be encouraged.

3. Transition Zone:

- It is the **outermost part of the biosphere reserve.** It is the **zone of cooperation** where human ventures and conservation are done in harmony.
- It includes settlements, croplands, managed forests and areas for intensive recreation and other economic uses characteristics of the region.

List of Important Biosphere Reserve: State-Wise

Biosphere Reserve	State	Remarks	
Sundarbans Biosphere Reserve	West Bengal		
Similipal Biosphere Reserve	Odisha		
Pachmarhi Biosphere Reserve	Madhya Pradesh		
Nokrek Biosphere Reserve	Meghalaya	nique	
Nilgiri Biosphere Reserve	Tamil Nadu	This is the first Biosphere of India notified in 1986.	
Nanda Devi Biosphere Reserve	Uttarakhand		
Gulf of Mannar Biosphere Reserve	Tamil Nadu		



Name of Rivers	States crossed	Begin From	Ends in
Ganga	Uttarakhand, Uttar Pradesh, Bihar, Jharkhand, West Bengal	Gangothri	Bay of Bengal
Yamuna	Uttarakhand, Himachal Pradesh, Uttar Pradesh, Haryana, Delhi	Garhwall in Yamunotri	Bay of Bengal
Brahmaputra	Assam, Arunachal, Tibet	Lake Manasarovar	Bay of Bengal
Mahanadi	Chhattisgarh, Odisha	Amarkantak Plateau	Bay of Bengal
Godavari	Maharashtra, Telangana, Chhattisgarh, Andhra Pradesh, Puducherry		Bay of Bengal
Krishna	Maharashtra, Karnataka, Telangana, Andhra Pradesh	Nasik Hills Near Mahabaleshwar in Maharashtra	Bay of Bengal
Narmada	Madhya Pradesh, Maharashtra, Gujarat	Amarkantak hill in Madhya Pradesh	Arabian sea
Tapti	Madhya Pradesh, Maharashtra, Gujarat	Bettul in Madhya prdesh	Arabian sea
Gomti	Uttarpradesh, Gujarat,	Gomat Taal	Saidpur, Gha <mark>zi</mark> pur
Koshi	Bihar	Ganga	Ganga
Gandaki	Madhya Pradesh, Uttar Pradesh, Jharkhand, Bihar	Nepal	Ganga
Betwa	Madhya Pradesh, Uttar Pradesh	Vindhya Range	Rajghat Dam
Son	Madhya Pradesh, Uttar Pradesh, Jharkhand, Bihar	Ganga	Yamuna
Sutlej	Himachal Pradesh, Punjab	Mount Kailash	Ropar

34. List of River a Cross State



Microsoft	Satya Narayana Nadella (CEO)	
Apple	Tim Cook (CEO)	
Reserve Bank of India (RBI)	Shaktikanta Das (Governor)	
State Bank of India (SBI)	Dinesh kumar khara	
Life Insurance Corporation (LIC)	M R Kumar (Chairman)	
Steel Authority of India (SAIL)	Soma mondal (Chairman)	
Gas Authority of India Limited (GAIL)	Manoj Jain (Chairman)	
Oil and Natural Gas Corporation (ONGC)	Shashi Shanker	
Air India	Pradeep Singh Kharola (CEO)	
Amazon	Jeff Bezos (CEO)	
Infosys	Salil Parekh (CEO)	
HCL	C Vijayakumar (CEO)	
Paytm	Vijay shekhar sharma (CEO)	
Phonepe	Samir Nigam	
Flipkart	Kalyan Krishnamurthy	
Ola	Bhavish Aggarwal	
Uber	Dara Khosrowshahi	
SpaceX	Elon Musk	
Nissan	Makodo Uchida	
Орро	Tony chen	
MRF	Rahul Mammen appointed (MD)	
Emirates	Sheikh Ahmed bin Saeed Al Maktoum	
Moneygram	W. Alexander Holmes.	
Go Daddy	Aman Bhutani	
Yes Bank	Prashant kumar	

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